

MedStar Washington Hospital Center

Just for our nurses.

Just the facts.

Your wellbeing is our priority.



Meal breaks

During bargaining, National Nurses United (NNU) asked whether leaders were inappropriately interrogating nurses about meal breaks. The Union missed the point.

As we explained to the Union in bargaining—because we care about your wellbeing, leaders want to make sure nurses are regularly able to take the uninterrupted breaks you need, and are working to find coverage on busy days.

We're making progress.

Here's the simple truth – we check because it matters. And when meal breaks are missed, we want to understand why so we can address the barriers.

We won't agree to stop offering our support if we see nurses are missing meals.

Your wellbeing is essential – to you, to your colleagues, and to the patients you care for.



Bereavement leave

Recently, nurses have been asking why, under the NNU contract, bereavement leave didn't cover grandparents. We heard you.

During bargaining, the Hospital first proposed including grandparents to bereavement leave. NNU agreed.

When both sides bargain in good faith, nurses win.

Based on our records, 6.6% of nurses attested to missing a meal while on the clock in the past fiscal year. In those cases, nurses were paid for that missed break. We're focused on getting that number down.



Stay Informed. Stay Connected. Stay Engaged.

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It's how we treat people.